PRIVATE SECONDARY EDUCATION AUTHORITY

MONITORING OF NORMS AND STANDARDS OF:

SPORTS AND RECREATIONAL FACILITIES IN SCHOOLS - Year 2021/2022

Subject Appellation and Level:

•	PHYSICAL EDUCATION (Examinable) – Grades 12 & 13 – CIE HSC syllabus code: 9396	
•	PHYSICAL EDUCATION (Examinable) – Grades 10 & 11 – CIE SC/IGCSE syllabus code: 0413	
•	PHYSICAL EDUCATION (Non-examinable) – Up to Grade 13 (including Extended Program)	

Name of School :	Date of Verification :
Are all facilities provided on the school premises?	
In case public/private facilities outside school are used,	is evidence of regular access available?
Number of sections and students using these facilities:	

	Extended Program				Regular						
Grade	7	8	9	9+	7	8	9	10	11	12	13
No. of Sections											
No. of Students											
No. of Groups											

Educator in Charge:	Qualifications:
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IMPORTANT NOTES:

The following conditions should be fulfilled to ensure a reasonable standard:

- Provision of the strict minimum facilities and items (highlighted with ***) on the school premises.
- A minimum score of 75 % should be obtained on each of the Sections A to D.
- Record of use for each specific facility (e.g. Gymnasium, Football grounds, High Jump, etc.) should be kept as required.

Item	Description	Requirements/ Quantity Required	Marks per Unit	Marks Item-wise	Existing	Score (for PSEA
1. Floor Area and Room *Existing P.E Rooms to be rated pro-rata. New ones to be of 20m²	Concrete Building (If a Gymnasium is provided, the P.E room should be adjacent to or annexed to it with view window from the room into the Gymnasium)	A minimum area of 20 m ² (Re: Note in column 1)*	200	4000		use only)
	Conditions of the room:			1500		
	Ceiling and partitions	Plastered and painted	20%	Rated pro- rata on area		
	• Floor	Tiled	20%			
	Ventilation	Natural or artificial	20%			
	Lighting	Natural or artificial	20%			
	Maintenance	Clean and tidy	20%			
2. Furniture	i) Table for teacher (s) (1.5m x 1m)	1	300	300		
and Accessories	ii) Chairs	5	60	300		
	iii) Storage units for sports equipment	2	150	300		
	iv) Notice board	1	100	100		
	v) Wash-basin	1	200	200		
	vi) Water supply	1 tap	200	200		
	vii) Scale (for taking body weight)	1	300	300		
	viii) Measuring Tape (min.50m)	1	300	300		
	ix) Whistle (metal)	2	100	200		
	x) Stopwatch	2	100	200		

3. First Aid Items***	i) Portable First Aid Box* with the following items:	1	50	50	
	Cream to treat cuts and				
*NOTE:	abrasions	1 tube	100	100	
The First Aid Box is to be	■ Ice spray	1	200	200	
kept in the	■ Ice pack	2	100	200	
P.E Room <u>OR</u>	 Bandage 	10	15	150	
In the	Woundplast	1 box	200	200	
Gymnasium	Cotton wool	1 pack	100	100	
	Sofratule	1 pack	100	100	
	Antiseptic solution	1 flask	100	100	
	ii) Reference manual on First Aid for sports injuries	1	100	100	
4. Reference Materials***	Important reference manuals for day-to-day use by P.E teachers	3	100	300	
5. Time- Table***	Master Time-table for the P.E department dated with school seal showing all P.E periods for all Grades and indicating: Theory and Practical lessons Names of P.E Educators Where the periods are held (i.e. Playgrounds, Hall, Gymnasium, Classroom or facilities outside school)*	1 copy affixed in the P.E Room *Copies of documents authorizing the use of out of school facilities should be Available for inspection.	200	200	
5. Stock Book***	A neatly organized up-to-date record of all P.E equipment provided by the school indicating: O Quantity available O Specifications O New acquisitions and date O Storage location	1 stock book duly signed & dated, with school seal affixed and kept in the P.E Room. New acquisitions to be highlighted.	300	300	

SECTION B -	GYMNASIUM (maxi	imum marks: 41 000)				
Item	Description	Requirements/ Quantity Required	Marks per Unit	Marks Item-wise	Existing	Score (for PSEA use only)
1. Floor Area And Room *NOTE: All new Gymnasiums to provide 190m ²	Concrete Building	*A minimum area of 190 m ² • Flat floor area unobstructed by columns – otherwise not rated. • If Gymnasium is used for Volley-ball, Basket-ball or Badminton: • Clear ceiling height of 7.32m (24 ft.) • Clear floor markings demarcating the different pitches.	80	15200		
	CONDITIONS:			5000		
	Ceiling and walls	Plastered and painted	10%			
	Floor	Tiled (wood/ceramics) OR Taraflex	20%			
	Ventilation	Natural and/or artificial	15%			
	Lighting	Natural and/or artificial	15%			
	Maintenance	Clean and tidy	10%			
	Set-up	Windows, light fixtures and mechanical equipment must withstand the impact of balls or be positioned away from play area.	10%			
	Access	Large Entrance Door	10%			
	Exit	At least one wide Emergency Exit (clearly indicated)	10%			

2. Amenities	i)Lockers for athletes	25	20	500	
	ii) Coat hangers	25	20	500	
	iii) Chairs/benches	25 seats	20	500	
	iv) Notice board	1	100	100	
	v)White/Green board	1	500	500	
3. Equipment	i) Wall bars	2 units of 2 sets each	150/set	600	
	ii) Spring Board	1 unit	600	600	
	iii) Vaulting Box OR Pommel Horse	1 unit	600	600	
	iv) Covered Foam 6ft x 4 ft x 1.5ft thick	4 units	175	700	
	v) Covered Foam 6 ft x 4 ft x 4 inch thick	4 units	87.5	350	
	vi) Covered Foam 140x60 cm x8 cm thick	20 units	30/unit	600	
	vii) Gymnasium benches with hooks 2.7mx25cmx30cmhigh	5 units	120/unit	600	
	viii) Parallel Bars	1 unit	750	750	
	ix) Skipping rope	10 units	75/unit	750	
	x) Resistance rope	10 units	75/unit	750	
	xi) Floor/yoga mat	20 units	37.5/unit	750	
	xii) Horizontal ladder monkey bars	1 unit	750	750	
4.Visual Environment	Visual materials and displays conducive	Large posters of : Local and International Athletes : 4	100	400	
	to student motivation and learning in P.E	Organized display of press-cuttings on local & international sport events:2	150	300	

5. Changing Rooms*** NOTE: Schools where there is no Gymnasium should provide satisfactory Changing Rooms for both sexes elsewhere.	Adjacent/annexed to the Gymnasium – not included in the area of 190m ²	 Dimensions: 20m² with: Water supply – 1 tap Wash basin - 1 Full-length mirror – 1 Shower for staff– 1 Separate Changing rooms for boys and girls – otherwise may not be rated 	200 300 200 200 500	4000 300 200 200 500	
6. Adjacent Toilets	Preferably annexed to Changing Rooms	 2 water closets for boys 2 water closets for girls	500	2000	
7. Store Room <u>OR</u> other convenient storage space***	For storage of large sized equipment like foam mattresses, pitch poles, nets etc. away from the 190 m ² Gymnasium area	Store room to be adjacent to or annexed with Gymnasium if available – min. $10m^2$ OR If stored elsewhere, the location should be easily accessible.	100/m²	1000	

8. Record of Use For G	Record of Use For Gymnasium						Marks Per Unit		Max. Marks		Existing	Score For PSEA use only
Practical P.E sessions carried out in the Gymnasium Records are to be signed by PE Educator, dated and kept in the P.E Room for inspection	A neat record of P.E activities carried out in the Gymnasium specifying: Date, Class, Period, Activity/Lesson, Equipment Used, etc.				At least 20 sessions per class spread over all three school terms.		100		2000		Average for all sections Reckoned:	
GRADE	EP 7	EP 8	EP 9	EP 9+	7	8	9	10	11	12	13	
Class/Group A												
В												
C												
D												
<u>E</u>												
Total NOTE:	Recko	ned pro	 -rata fo	r the cเ	ırrent acad	demic yea	r - max. 2	 20 per clas	s or grou	p on 8.5 i	months.	

SECTION C – ADDITIONAL ITEMS IF P.E (Examinable) IS OFFERED *** (maximum marks: 14 000)

(NOTE: Prior authorization is required for the introduction of P.E Examinable)

Item	Description	Requirements/ Quantity Required	Marks per Unit	Marks Item- wise	Existing	Score (for PSEA use only)
1.	Adequate infrastructure OR Evidence of access to these specifying the facilities, times and frequency of access, period etc.	Provision of facilities as per syllabus OR Copies of documents authorizing the use of out of school facilities should be available for inspection.		4000		,
2.	Video Recording Camera. Res. min.1080pixels	1	2000	2000		
3.	Camera Tripod – with level & adjustable	1	1000	1000		
4.	Laptop + media player software	1	1000	1000		
5.	Bibs (with number displayed)	Min. 20	50	1000		
6.	Educational Charts – Min. A ₂ size - printed	Min. 10 on syllabus topics	100	1000		
7.	Reference Books (pub. in the past 3 years)	5	200	1000		
8.	Magazines on sports and recreation(past 2 yrs)	10	100	1000		

NOTES: i) Items 1 to 8 above are to be kept in the P.E Room

ii) For projections the Audio Visual Room may be used. Otherwise a Projector and a Screen should be provided.

9. Record of Audio Visual Lessons		A minimum of 1 class in the aca spread over all terms for Grade	demic year three school	1	0	200	2000	Average for all sections reckoned:					
GRA	ADE	10	11	12	13	1. Les	Lessons using large screen						
Class/Group:	Α						jections, videos,	•					
	В						isted Learning,						
	С						lectures by res						
	D						sons.						
	Ε						dio Visual Ro						
	F						se lessons.	nt in the DE					
Т	otal					Roo	Room, class-wise and signed by teacher(s).						
	NO	TE: Reckoned pi	E: Reckoned pro-rata for the current academic year - max. 10 per class or group on 8.5 months.										

SECTION D: OTHER SPECIFIC SPORTS FACILITIES

D1 FOOTBALL GROUND - STANDARD DIMENSION : $90 \text{ M X } 45 \text{ M} = 4050 \text{ M}^2$

	Item I	Marks Allotted out of	Item II Quality and condition of	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of		
Junior Football Ground No.	Junior Football Ground Standard Size: 90 m x 45 m	3300	Surface (pro-rata on area) Ground Turf	600	Ground Marking	1200	Goal Post - 2 Height: 2.44m Width: 7.32m Net - 2 Ball - Min. of 5	1000 1000 1000	300 300 300	Record of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	3200 (160 marks per session)	Total Marks Scored	% Score
1.													
2.													
3.													

TOTAL MARKS D1: 12800

TOTAL MADES D2 . 11200

NOTE: If length and breadth of the football ground exceed those of a Junior Football ground (70 m x 35 m), it is assessed pro-rata on standard dimension (90 m x 45 m).

D2 JUNIOR FOOTBALL GROUND: $70 \text{ M X } 35 \text{ M} = 2.450 \text{ M}^2$

D2	JUNIOR	FOOTBAL	LL GROUND	: /U MI A	35 IVI = 2,4	ISU IVI		10	IAL MAKKS	D2: 11200			
	Item I	Marks Allotted out of	Item II Quality and condition of	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of		
Junior Football Ground No.	Junior Foorball Ground Standard Size: 70 m x 35 m	2800	Surface (pro-rata on area) Ground Turf	500	Ground Marking	1000	Goal Post - 2 Height: 2.44m Width: 7.32m Net - 2 Ball - Min. of 5	900 900 900	300 300 300	Record of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	2800 (140 marks per Session)	Total Marks Scored	% Score
1.													ĺ
2.													
3.													

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of		
Junior Football Ground No.	Junior Foorball Ground Standard Size: 36 m x 28 m	1650	Quality and condition of Surface (pro-rata on area) Ground Turf	300 300	Ground Marking	600	Goal Post - 2 Height: 2 m Width: 4 m Net - 2 Ball - Min. of 5	500 500 500	150 150 150	Record of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	1600 (80 marks per session)	Total Marks Scored	% Score
1.													
2.													
3.													

D4	FIVE-A-	SIDE OR S	SIX-A-SIDE FO	OOTBALL	(GIRLS)	- 30 M X	18.5 M : 555	M^2	TOTA	AL MARKS D	4: 6400		
	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of		
Junior Football Ground No.	Junior Football Ground Standard Size: 36 m x 28 m	1650	Quality and condition of Surface (pro-rata on area) Ground Turf	300 300	Ground Marking	600	Goal Post - 2 Height: 2 m Width: 4 m Net - 2 Ball - Min. of 5	500 500 500	150 150 150	Record of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	1600 (80 marks per session)	Total Marks Scored	% Score
1.													
2.													
3.													

	D5	VOLLEY BALL PITCH -	STANDARD DIMENSION 18 M X 9 M =	$162 \mathrm{M}^2$
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TOTAL MARKS D5: 9600

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of		
Volley- ball Pitch No.	Volley-ball Pitch Standard Size: 18 m x 9 m	2400	Quality and Condition of Surface Outdoor: Concrete/ Turfed/ Asphalted Indoor: Tiled/wooden/ Taraflex	1000	Pitch Marking	800	Post - 2 Net - 1 Height: 2.45m Balls Min. of 5	800 800 800	200 200 200	Record of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	2400 (120 marks per session)	Total Marks Scored	% Score
1.													
2.													
3.													

D6	MINI VOLLEY-RALL PITCH***	- STANDARD DIMENSION 12 M X 4.5 M = 54 M^2
Du	MINI VOLLE I - DALL FII CH · · · ·	- STANDARD DIMENSION 12 NLA 4.5 NL = 54 NL

TOTAL MARKS D6: 6400

70	IVIII V C	DEED I DI		D 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			12 11 21 7.5 1	<u> </u>		1011111111	MININD D	0. 0.00	
	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of		
Volley- Ball Pitch No.	Mini Volley- Ball Pitch Size: 12 m x 4.5 m	1650	Quality and condition of Surface Outdoor: Concrete/ Turfed/ Asphalted Indoor: Tiled/wooden/ Taraflex	700	Pitch Marking	500	Post - 2 Net - 1 Height: 2.45m Ball - Min. of 5	500 500 500	150 150 150	Records of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	1600 (80 marks per session)	Total Marks Scored	% Score
1.													
2.													
3.													

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D/ DA	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	STANDARD DIMENSIO	1 20 W A 13 W - 420 W

TOTAL MARKS D7: 9600

		1	Itam II			1			1	Itom VI			
Basket- Ball Pitch No.	Basket-Ball Pitch Standard Size: 28 m x 15m	Marks Allotted out of 2400	Quality and condition of Surface Outdoor: Concrete/ Asphalted Indoor: Tiled/wooden	Marks Allotted out of	Pitch Marking	Marks Allotted out of 800	Item IV Equipment Post - 2 Board - 2 Wood/ Fiberglass/ Plexiglas Ring -2 Basket -2 Ball - Min. of 5	Marks Allotted out of 450 450 450 450	Item V Condition of Equipment 150 150 150 150	Record of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	Marks Allotted out of 2400 (120 marks per session)	Total Marks Scored	% Score
1.													
2.													
3.													

NOTES: For Basket-Ball Pitches of Standard Size D7, D8, D9:

Height of ring from ground 3.05 m 1)

3) Width of board 1.05 m

Height of board - 1.00 m 4) Height of post from ground to board - BASKET-BALL PITCH - STANDARD DIMENSION : 26 M X 14 M = 364 M² TOTAL MA 2) 2.09 m

D8	BASKET		TCH - STAN					$4 \mathrm{M}^2$	T	OTAL MARKS	1		
	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of		
Basket- Ball Pitch No.	Basket- Ball Pitch Size: 26 m x 14m	2000	Quality and condition of Surface Outdoor: Concrete/Asphalted Indoor: Tiled/wooden	900	Pitch Marking	600	Post - 2 Board - 2 Wood/ Fiberglass/ Plexiglas Ring -2 Basket -2 Ball - Min. of 5	400 400 400 400 400	100 100 100 100 100	Record of use: At least 20 sessions for the whole academic year. (Reckoned prorata over 8.5 months).	2000 (100 marks per session)	Total Marks Scored	% Score
1.													
2.													
3.													

D10 MINI BASKET-BALL PITCH*** - DIMENSION 20 M X 11 M = 220 M²

TOTAL MARKS D10: 6400

710	IVIII VI DII	DIXLI DI		DIMILI	IDION 20 I	VI 28 II 1VI -	- 220 IVI		TOTAL	AKING DIO.	7700		
	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of 300	Item V Condition of Equipment 100	Item VI	Marks Allotted out of		
Basket- Ball Pitch No.	Mini Basket- Ball Pitch Size: 20 m x 11 m	1600	Quality and condition of Surface Outdoor: Concrete/ Asphalted Indoor: Tiled/wooden	700	Pitch Marking	500	Post - 2 Board - 2 Wood/ Fiberglass/ Plexiglas Ring -2 Basket -2 Ball - 5	300 300 300 300	100 100 100 100	Record of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	(80 marks per session)	Total Marks Scored	% Score
1.													
2.													
3.													

NOTES: For Mini Basket-ball Pitch C4: 1) Height of ring 2.60 m from ground. 2) Dimension of board same as standard basket-ball pitch

3) Circumference of ball 68 cm to 73 cm - Weight 450 gm

D11 NET-BALL COURT - STANDARD DIMENSION : $30.5 \text{ M} \times 15.25 \text{ M} = 465.125 \text{ M}^2$ TOTAL MARKS D11: 11200

	Item I	Marks Allotted	Item II	Marks Allotted	Item III	Marks Allotted	Item IV Equipment	Marks Allotted	Item V Condition of	Item VI	Marks Allotted		
Net-Ball	Net-ball Court Standard Size: 30.5 m x 15.25m	out of 2800	Quality and condition of Surface Outdoor: Concrete/ Turfed Asphalted Indoor: Tiled/wooden/	out of 1000	Court Marking	out of 1000	Goal Posts - 2 Heigh: 3.05m Dist.between post and net ring: 15cm Ring dia. 38cm Net - 2 Balls	out of 900 900 900	300 300 300	Record of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	out of 2800 (140 marks per session)	Total Marks	% Score
Court No.			Taraflex				Min. of 5					Scored	
1.													
2.													
3.													

NOTE: Each goal post should supported by a socket in the ground or by a metal base that does not protrude into the court.

D12 TEAM HAND-BALL COURT DIMENSION: $38 \text{ M X } 18 \text{ M} = 684 \text{ M}^2$

TOTAL MARKS D12: 9600

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of		
Team Handball Court No.	Team Hand-ball Court Standard Size: 40 m x 20m	2400	Quality and Condition of Surface Outdoor: Concrete/ Turfed Asphalted Indoor: Tiled/wooden/ Taraflex	1000	Court Marking	800	Goal Posts - 2 Width:3m Height:2m Nets Balls Min. of 5	800 800 800	200 200 200	Records of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	2400 (120 marks per session)	Total Marks Scored	% Score
1.													
2.													
3.													

TOTAL MARKS D13: 11200

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of		
Team Handball Court No.	Team Hand-ball Court Standard Size: 40 m x 20m	2800	Quality and condition of Surface Outdoor: Concrete/ Turfed Asphalted Indoor: Tiled/wooden/ Taraflex	1000	Court Marking	1000	Goal Posts - 2 Width:3m Height:2m Nets Balls Min. of 5	900 900 900	300 300 300	Record of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	2800 (140 marks per session)	Total Marks Scored	% Score
1.													
2.													
3.													

D14 TENNIS COURT - STANDARD DIMENSION 23.77 M X 10.97 M = 260.75 M^2

TOTAL MARKS D14: 8000

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV	Marks Allotted out of	Item V Condition of Equipment	Item V	Marks Allotted out of		
Tennis Court No. 1. 2. 3.	Tennis Court Standard Size: 23.77 m x 10.97m	2000	Quality & Condition of surface Concrete/ Asphalted Lawn/ beaten ground	500	Marking Fencing 4m high (Unfenced Court not reckoned)	500	Net - 1 1.07m high Racket - 6 Balls - Min. of 20 Net Support -2	450 450 450 450	150 150 150 150	Record of use: At least 20 sessions for the whole academic year. Reckoned pro- rata over 8.5 months.	(100 marks per session)	Total Marks Scored	% Score

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Condition of Equipment	Item V	Marks Allotted out of		
NOTE: Table Tennis should be played indoors - in a draught- free environment.	Room Min. size; 6m x2.5m Condition of room	1300	Table Of standard size and fabrication. Condition & Marking Tables	1300	Net - 1 Net support - 2	500	100	Record of use: At least 20 sessions for the whole academic year. Reckoned pro-rata over 8.5	(100 marks per session)		
Table-Tennis No.			improvised from flimsy materials & construction not reckoned.		Racket- 4 Ball -10	500	100	months.		Total Marks Scored	% Score
2.											
3.											
4.											

D16 BADMINTON COURT - STANDARD DIMENSION : 13.40 m x 6.10 m = 81.74 m² TOTAL MARKS D16: 8000

NOTE: Badminton	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of		
Courts should be located in a hall 7 m high with a draught free environment. Badminton Court No.	Badminton Court Standard Dimension 13.40 m x 6.10 m =	2000	Condition of surface Type Quality	400 400	Court Marking (In white and yellow on some easily distingui- shable column.)	700	Post - 2 Height: 1.55m Net - 1 Width: 0.76m Racket - 6 Shuttle - 20	500 500 500 500	125 125 125 125	Record of use: At least 20 sessions for the whole academic year.Reckon-ed pro-rata over 8.5 months.	2000 (100 marks per session)	Total Marks Scored	% Score
1.													
2.													
3.													

D17

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III Equipment	Marks Allotted out of	Item IV	Marks Allotted out of	Item V	Marks Allotted out of		
Running Facility No.	Running Track 200m with 4 lanes – each lane 1.22m wide (Rated prorata in length – min. 80m)	3200	Condition of Track Surface Marking	(pro-rata on length) 800 800	Hurdles Min. of 20 Relay batons Min. of 20 Cones Min. of 20	1200 60/unit 1000 50/unit 1000 50/unit	Condition Hurdles Relay batons	800 800	Record of use: At least 20 sessions for the whole academic year. Reckoned pro-rata over 8.5 months.	(160 marks per session)	Total Marks Scored	% Score
1.												
2.												
3.												

D18 ATHLETICS - (2) THROWING EVENTS - (A) JAVELIN MARKS TOTAL MARKS D18: 4800

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III Equipment	Marks Allotted out of	Item IV	Marks Allotted out of	Item V	Marks Allotted out of		
Javelin Throwing Facility No.	Arena: Runway 8mx1.22m Landing Area 60mx40m	600	Condition: Runway Landing Area	300	Javelin Weight: Category B G Metal (gms) Ben. 500 400 Min. 600 500 Cad. 700 600 Jr/Sr 800 600 Required No.: 8 (2 of each category)	1200 (75 mks/ Javelin)	Condition: Javelins	(37.5 marks per Javelin)	Record of use: At least 20 sessions for the whole academic year. Reckoned pro-rata over 8.5 months.	(60 marks per session)	Total Marks Scored	% Score
1.												
2.												
3.												

D19 ATHLETICS - (2) THROWING EVENTS - B) DISCUS - TOTAL MARKS D19: 4800

<u> </u>	ATTILLTICS	- (4)	111110 1111	10 D I DIT		10111	LI WIMINING	2771 10				
	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III Equipment	Marks Allotted out of	Item IV	Marks Allotted out of	Item V	Marks Allotted out of		
Discus Throwing Facility No.	Arena: Throwing Area Concrete pad of diameter 2.5m with cage netting Landing Area 60 m x 40 m with an angle of 40°	1200600600	Condition Throwing Area Landing Area	300 300	Category B G (Kg) Ben. 0.8 0.6 Min. 1 1 1 Cad. 1.5 1 1.7/Sr 1.75 1 Required No.: 8 2 of each category	1200 (75 mks/ discus)	Condition	(37.5 marks per discus)	Record of use: At least 20 sessions for the whole academic year. Reckoned pro-rata over 8.5 months.	(60 marks per session)	Total Marks Scored	% Score
1.												
2.												
3.												

D20 ATHLETICS - (2) THROWING EVENTS - C) SHOTPUT - TOTAL MARKS D20: 4800

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III Equipment	Marks Allotted out of	Item IV	Marks Allotted out of	Item V	Marks Allotted out of		
Shotput Throwing Facility No.	Arena: Throwing area Concrete pad of diameter 2.135 Landing Area 20 m x 13.68 m with an angle of 40°	300 900	Condition Throwing Area Landing Area	150 450	Shotput Weight: Category B G (Kg) Ben. 3 2 Min. 4 3 Cad. 5 3 Jr/Sr 6 4 Required No.: 8 (2 of each category)	1200 (75 marks per ball)	Condition Shotput Balls	600 (37.5 marks per ball)	Record of use: At least 20 sessions for the whole academic year. Reckoned pro-rata over 8.5 months.	1200 (60 marks per session)	Total Marks Scored	% Score
1. 2.												
3.												

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV	Marks Allotted out of	Item V	Marks Allotted out of		
Long and Triple Jump Facility No.	Runway Long Jump: 30mx1.22m Triple Jump: 40mx1.22m Landing Pitch 9 m x 2.75 m filled with sand/ rocksand 0.2mm	1300 OR 1600	Condition Runway Landing Pitch	800 400 400	Take-off Board Colour code: red and white Size: 1.22m x 0.2m x 0.1m	400	Condition of Take-off Board	400	Record of use: At least 20 sessions for the whole academic year. Reckoned pro-rata over 8.5 months.	(80 marks per session)	Total Marks Scored	% Score
1.												
2.												
3.												

D22 ATHLETICS - (3) JUMPING EVENTS - B) HIGH JUMP*** - TOTAL MARKS D22: 6400

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III Equipment	Marks Allotted out of	Item IV Condition of Equipment	Marks Allotted out of	Item V	Marks Allotted out of		
High Jump Facility No.	Arena: An area with an arc of radius 18 m	1600	Condition of Arena	800	Uprights -1 pair Crossbar - 1 (length: 4.02m) Foam Mattress: 1 (5mx4.02mx1m)	600 400 600	Size respect. Undamaged Quality	300 300 200	Record of use: At least 20 sessions for the whole academic year. Reckoned pro-rata over 8.5 months.	(80 marks per session)	Total Marks Scored	% Score
1.												
2.												
3.												

ATHLETICS - (3) JUMPING EVENTS - C) POLE VAULT - TOTAL MARKS D23: 4800

	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV	Marks Allotted out of	Item V	Marks Allotted out of		
Pole Vault Facility No.	Running track 18 m x 1.25 m Length Width	800 400	Condition of track Quality of Surface Level Straight	200 200 200	Equipment: Uprights - 2 pairs Crossbar - 2 (3.66m or 4.32m x 0.13m dia.) Vaulting Box-2 Pole - 2 (4.90 m) Foam Mattress - 2 (5mx5mx1.3m)	300 200 200 200 300	Condition of Equipment: Size respect. Undamaged Quality	200 200 200	Record of use: At least 20 sessions for the whole academic year. Reckoned pro-rata over 8.5 months.	(60 marks per Session)	Total Marks Scored	% Score
2.												
3.												

RECAP OF FACILITIES PROVIDED AND SCORES OBTAINED

SECT.	FACILITY	MAXIMUM MARKS	MARKS SCORED No.1	% SCORE No.1	MARKS SCORED No.2	% SCORE No.2	MARKS SCORED No.3	% SCORE No.3	MARKS SCORED No.4	% SCORE No.4
Α	P.E ROOM	10 000								
В	GYMNASIUM	41 000								
С	ITEMS FOR P.E EXAMINABLE	14 000								
D	OTHER SPECIFIC SPORTS									
	FACILITIES									
D1	FOOTBALL	12 800								
D2	JUNIOR FOOTBALL	11 200								
D3	FIVE OR SIX ASIDE FOOTBALL(B)	6 400								
D4	FIVE OR SIX ASIDE FOOTBALL(G)	6 400								
D5	VOLLEY-BALL	9 600								
D6	MINI VOLLEY-BALL	6 400								
D7	BASKET-BALL (420 M ²)	9 600								
D8	BASKET-BALL (364 M ²)	8 000								
D9	BASKET-BALL (312 M ²)	8 000								
D10	MINI BASKET-BALL	6 400								
D11	NET-BALL	11 200								
D12	TEAM HAND-BALL (684M²)	9 600								
D13	TEAM HAND-BALL (800M²)	11 200								
D14	TENNIS	8 000								
D15	TABLE-TENNIS	8 000								
D16	BADMINTON	8 000								
D17	RUNNING TRACK	12 800								
D18	JAVELIN	4 800								
D19	DISCUS	4 800								
D20	SHOTPUT	4 800								
D21	LONG JUMP AND TRIPLE JUMP	6 400								
D22	HIGH JUMP	6 400								
D23	POLE VAULT	4 800								

NAME OF SCHOOL:......SIG. OF MANAGER:......DATE:......

REMARKS AND SHORTCOMINGS

(With particular reference to conditions at page 1 and score obtained; whether existing or ne etc.)	w facility; facilities overlapping with another facility; accessibility;
Signature of PSEA Supervisor / Senior Supervisor (s)	Signature of Manager
Date:	Date:

Norms and Standards developed by the Supervision Section (2019) NAB/AC – updated June 2021