

PRIVATE SECONDARY EDUCATION AUTHORITY

MONITORING OF NORMS AND STANDARDS OF:

SPORTS AND RECREATIONAL FACILITIES IN SCHOOLS – Year 2021/2022

Subject Appellation and Level:

- **PHYSICAL EDUCATION (Examinable) – Grades 12 & 13 – CIE HSC syllabus code: 9396**
- **PHYSICAL EDUCATION (Examinable) – Grades 10 & 11 – CIE SC/IGCSE syllabus code: 0413**
- **PHYSICAL EDUCATION (Non-examinable) – Up to Grade 13 (including Extended Program)**

Name of School : _____ Date of Verification : _____

Are all facilities provided on the school premises? ____ If no, where are these provided ? _____

In case public/private facilities outside school are used, is evidence of regular access available? _____

Number of sections and students using these facilities:

	Extended Program				Regular						
Grade	7	8	9	9+	7	8	9	10	11	12	13
No. of Sections											
No. of Students											
No. of Groups											

Educator in Charge: _____ Qualifications: _____

IMPORTANT NOTES:

The following conditions should be fulfilled to ensure a reasonable standard:

- Provision of the strict minimum facilities and items (highlighted with ***) on the school premises.
- A minimum score of 75 % should be obtained on each of the Sections A to D.
- Record of use for each specific facility (e.g. Gymnasium, Football grounds, High Jump, etc.) should be kept as required.

SECTION A – P.E. ROOM*** (maximum marks: 10 000)						
Item	Description	Requirements/ Quantity Required	Marks per Unit	Marks Item-wise	Existing	Score <i>(for PSEA use only)</i>
1. Floor Area and Room *Existing P.E Rooms to be rated pro-rata. New ones to be of 20m ²	Concrete Building <i>(If a Gymnasium is provided, the P.E room should be adjacent to or annexed to it with view window from the room into the Gymnasium)</i>	A minimum area of 20 m ² <i>(Re: Note in column 1)*</i>	200	4000		
	Conditions of the room: <ul style="list-style-type: none"> • Ceiling and partitions • Floor • Ventilation • Lighting • Maintenance 	Plastered and painted Tiled Natural or artificial Natural or artificial Clean and tidy	20% 20% 20% 20%	1500 Rated pro- rata on area		
2. Furniture and Accessories	i) Table for teacher (s) (1.5m x 1m)	1	300	300		
	ii) Chairs	5	60	300		
	iii) Storage units for sports equipment	2	150	300		
	iv) Notice board	1	100	100		
	v) Wash-basin	1	200	200		
	vi) Water supply	1 tap	200	200		
	vii) Scale (for taking body weight)	1	300	300		
	viii) Measuring Tape (min.50m)	1	300	300		
	ix) Whistle (metal)	2	100	200		
	x) Stopwatch	2	100	200		

3. First Aid Items*** *NOTE: <i>The First Aid Box is to be kept in the P.E Room <u>OR</u> In the Gymnasium</i>	i) Portable First Aid Box* with the following items: <ul style="list-style-type: none"> ▪ Cream to treat cuts and abrasions ▪ Ice spray ▪ Ice pack ▪ Bandage ▪ Woundplast ▪ Cotton wool ▪ Sofratule ▪ Antiseptic solution ii) Reference manual on First Aid for sports injuries	1 1 tube 1 2 10 1 box 1 pack 1 pack 1 flask 1	50 100 200 100 15 200 100 100 100 100	50 100 200 200 150 200 100 100 100		
4. Reference Materials***	Important reference manuals for day-to-day use by P.E teachers	3	100	300		
5. Time-Table***	Master Time-table for the P.E department dated with school seal showing all P.E periods for all Grades and indicating: <ul style="list-style-type: none"> ○ Theory and Practical lessons ○ Names of P.E Educators ○ Where the periods are held (i.e. Playgrounds, Hall, Gymnasium, Classroom or facilities outside school)* 	1 copy affixed in the P.E Room <i>*Copies of documents authorizing the use of out of school facilities should be Available for inspection.</i>	200	200		
5. Stock Book***	A neatly organized up-to-date record of all P.E equipment provided by the school indicating: <ul style="list-style-type: none"> ○ Quantity available ○ Specifications ○ New acquisitions and date ○ Storage location 	1 stock book duly signed & dated, with school seal affixed and kept in the P.E Room. New acquisitions to be highlighted.	300	300		

SECTION B – GYMNASIUM (maximum marks: 41 000)						
Item	Description	Requirements/ Quantity Required	Marks per Unit	Marks Item-wise	Existing	Score (for PSEA use only)
1. Floor Area And Room *NOTE: All new Gymnasiums to provide 190m ²	Concrete Building	*A minimum area of 190 m ² <ul style="list-style-type: none"> ○ Flat floor area unobstructed by columns – <i>otherwise not rated.</i> ○ If Gymnasium is used for Volley-ball, Basket-ball or Badminton: <ul style="list-style-type: none"> ➤ Clear ceiling height of 7.32m (24 ft.) ➤ Clear floor markings demarcating the different pitches. 	80	15200		
	CONDITIONS:			5000		
	Ceiling and walls	Plastered and painted	10%			
	Floor	Tiled (wood/ceramics) <u>OR</u> Taraflex	20%			
	Ventilation	Natural and/or artificial	15%			
	Lighting	Natural and/or artificial	15%			
	Maintenance	Clean and tidy	10%			
	Set-up	Windows, light fixtures and mechanical equipment must withstand the impact of balls or be positioned away from play area.	10%			
	Access	Large Entrance Door	10%			
	Exit	At least one wide Emergency Exit (clearly indicated)	10%			

2. Amenities	i) Lockers for athletes	25	20	500		
	ii) Coat hangers	25	20	500		
	iii) Chairs/benches	25 seats	20	500		
	iv) Notice board	1	100	100		
	v) White/Green board	1	500	500		
3. Equipment	i) Wall bars	2 units of 2 sets each.....	150/set	600		
	ii) Spring Board	1 unit.....	600	600		
	iii) Vaulting Box OR Pommel Horse	1 unit.....	600	600		
	iv) Covered Foam <i>6ft x 4 ft x 1.5ft thick</i>	4 units.....	175	700		
	v) Covered Foam <i>6 ft x 4 ft x 4 inch thick</i>	4 units.....	87.5	350		
	vi) Covered Foam <i>140x60 cm x8 cm thick</i>	20 units.....	30/unit	600		
	vii) Gymnasium benches with hooks <i>2.7mx25cmx30cmhigh</i>	5 units.....	120/unit	600		
	viii) Parallel Bars	1 unit.....	750	750		
	ix) Skipping rope	10 units.....	75/unit	750		
	x) Resistance rope	10 units.....	75/unit	750		
	xi) Floor/yoga mat	20 units.....	37.5/unit	750		
	xii) Horizontal ladder monkey bars	1 unit.....	750	750		
4. Visual Environment	Visual materials and displays conducive to student motivation and learning in P.E	Large posters of :	100	400		
		<ul style="list-style-type: none"> • Local and International Athletes : 4 • Organized display of press-cuttings on local & international sport events:2 	150	300		

5. Changing Rooms*** NOTE: Schools where there is no Gymnasium should provide satisfactory Changing Rooms for both sexes elsewhere.	Adjacent/annexed to the Gymnasium – not included in the area of 190m ²	➤ Dimensions: 20m ² with: <ul style="list-style-type: none"> • Water supply – 1 tap • Wash basin - 1 • Full-length mirror – 1 • Shower for staff– 1 ➤ Separate Changing rooms for boys and girls – <i>otherwise may not be rated</i>	200 300 200 200 500	4000 300 200 200 500		
6. Adjacent Toilets	Preferably annexed to Changing Rooms	<ul style="list-style-type: none"> • 2 water closets for boys • 2 water closets for girls 	500	2000		
7. Store Room <u>OR</u> other convenient storage space***	For storage of large sized equipment like foam mattresses, pitch poles, nets etc. away from the 190 m ² Gymnasium area	Store room to be adjacent to or annexed with Gymnasium if available – min. 10m ² OR If stored elsewhere, the location should be easily accessible.	100/m ²	1000		

8. Record of Use For Gymnasium					Quantity Required		Marks Per Unit		Max. Marks		Existing	Score <i>For PSEA use only</i>
Practical P.E sessions carried out in the Gymnasium <i>Records are to be signed by PE Educator, dated and kept in the P.E Room for inspection</i>	A neat record of P.E activities carried out in the Gymnasium specifying: Date, Class, Period, Activity/Lesson, Equipment Used, etc.				At least 20 sessions per class spread over all three school terms.		100		2000		<i>Average for all sections Reckoned:</i> -----	-----
GRADE	EP 7	EP 8	EP 9	EP 9+	7	8	9	10	11	12	13	
Class/Group												
A												
B												
C												
D												
E												
Total												
NOTE: Reckoned pro-rata for the current academic year - max. 20 per class or group on 8.5 months.												

SECTION C – ADDITIONAL ITEMS IF P.E (Examinable) IS OFFERED *** (maximum marks: 14 000) (NOTE: <i>Prior authorization is required for the introduction of P.E Examinable</i>)						
Item	Description	Requirements/ Quantity Required	Marks per Unit	Marks Item- wise	Existing	Score (for PSEA use only)
1.	Adequate infrastructure OR Evidence of access to these specifying the facilities, times and frequency of access, period etc.	Provision of facilities as per syllabus OR Copies of documents authorizing the use of out of school facilities should be available for inspection.		4000		
2.	Video Recording Camera. Res. min.1080pixels	1	2000	2000		
3.	Camera Tripod – with level & adjustable	1	1000	1000		
4.	Laptop + media player software	1	1000	1000		
5.	Bibs (with number displayed)	Min. 20	50	1000		
6.	Educational Charts – Min. A ₂ size - printed	Min. 10 on syllabus topics	100	1000		
7.	Reference Books (<i>pub. in the past 3 years</i>)	5	200	1000		
8.	Magazines on sports and recreation(<i>past 2 yrs</i>)	10	100	1000		
NOTES: i) Items 1 to 8 above are to be kept in the P.E Room ii) For projections the Audio Visual Room may be used. Otherwise a Projector and a Screen should be provided.						
9. Record of Audio Visual Lessons	A minimum of 10 lessons per class in the academic year spread over all three school terms for Grades10 to 13.	10	200	2000	<i>Average for all sections reckoned:</i> -----	-----
GRADE	10	11	12	13	1. Lessons using large screen projections, videos, Computer-Assisted Learning, the Internet, live lectures by resource persons. 2. Audio Visual Room used for these lessons. 3. Records to be kept in the P.E Room, class-wise and signed by teacher(s).	
Class/Group: A						
B						
C						
D						
E						
F						
Total						
NOTE: Reckoned pro-rata for the current academic year - max. 10 per class or group on 8.5 months.						

D9 BASKET-BALL PITCH - STANDARD DIMENSION 24 M X 13 M = 312 M²**TOTAL MARKS D9: 8000**

Basket-Ball Pitch No.	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of	Total Marks Scored	% Score
	Basket-Ball Pitch Size: 24 m x 13m	2000	Quality and condition of Surface Outdoor: <i>Concrete/Asphalted</i> Indoor: <i>Tiled/wooden</i>	900	Pitch Marking	600	Post - 2 Board - 2 <i>Wood/Fiberglass/Plexiglas</i> Ring - 2 Basket - 2 Ball - Min. of 5	400 400 400 400	100 100 100 100	Record of use: <i>At least 20 sessions for the whole academic year. Reckoned pro-rata over 8.5 months.</i>	2000 <i>(100 marks per session)</i>		
1.													
2.													
3.													

D10 MINI BASKET-BALL PITCH* - DIMENSION 20 M X 11 M = 220 M²****TOTAL MARKS D10: 6400**

Basket-Ball Pitch No.	Item I	Marks Allotted out of	Item II	Marks Allotted out of	Item III	Marks Allotted out of	Item IV Equipment	Marks Allotted out of	Item V Condition of Equipment	Item VI	Marks Allotted out of	Total Marks Scored	% Score
	Mini Basket-Ball Pitch Size: 20 m x 11 m	1600	Quality and condition of Surface Outdoor: <i>Concrete/Asphalted</i> Indoor: <i>Tiled/wooden</i>	700	Pitch Marking	500	Post - 2 Board - 2 <i>Wood/Fiberglass/Plexiglas</i> Ring - 2 Basket - 2 Ball - 5	300 300 300 300	100 100 100 100	Record of use: <i>At least 20 sessions for the whole academic year. Reckoned pro-rata over 8.5 months.</i>	1600 <i>(80 marks per session)</i>		
1.													
2.													
3.													

NOTES: For Mini Basket-ball Pitch C4: 1) Height of ring 2.60 m from ground. 2) Dimension of board same as standard basket-ball pitch
3) Circumference of ball 68 cm to 73 cm - Weight 450 gm

RECAP OF FACILITIES PROVIDED AND SCORES OBTAINED

SECT.	FACILITY	MAXIMUM MARKS	MARKS SCORED No.1	% SCORE No.1	MARKS SCORED No.2	% SCORE No.2	MARKS SCORED No.3	% SCORE No.3	MARKS SCORED No.4	% SCORE No.4
A	P.E ROOM	10 000								
B	GYMNASIUM	41 000								
C	ITEMS FOR P.E EXAMINABLE	14 000								
D	OTHER SPECIFIC SPORTS FACILITIES									
D1	FOOTBALL	12 800								
D2	JUNIOR FOOTBALL	11 200								
D3	FIVE OR SIX ASIDE FOOTBALL(B)	6 400								
D4	FIVE OR SIX ASIDE FOOTBALL(G)	6 400								
D5	VOLLEY-BALL	9 600								
D6	MINI VOLLEY-BALL	6 400								
D7	BASKET-BALL (420 M ²)	9 600								
D8	BASKET-BALL (364 M ²)	8 000								
D9	BASKET-BALL (312 M ²)	8 000								
D10	MINI BASKET-BALL	6 400								
D11	NET-BALL	11 200								
D12	TEAM HAND-BALL (684M ²)	9 600								
D13	TEAM HAND-BALL (800M ²)	11 200								
D14	TENNIS	8 000								
D15	TABLE-TENNIS	8 000								
D16	BADMINTON	8 000								
D17	RUNNING TRACK	12 800								
D18	JAVELIN	4 800								
D19	DISCUS	4 800								
D20	SHOTPUT	4 800								
D21	LONG JUMP AND TRIPLE JUMP	6 400								
D22	HIGH JUMP	6 400								
D23	POLE VAULT	4 800								

NAME OF SCHOOL:..... SIG. OF SUPERVISOR(S).....SIG. OF MANAGER:.....DATE:.....

REMARKS AND SHORTCOMINGS

(With particular reference to conditions at page 1 and score obtained; whether existing or new facility; facilities overlapping with another facility; accessibility; etc.)

Signature of PSEA Supervisor / Senior Supervisor (s)

Date:-----

Signature of Manager

Date:-----